



Protect your Hearing

Here is how Hearing Loss can impact children's development and our own daily lives.

Areas Impacted:

Communication

Hearing loss can cause children/adults to not hear speech sounds, resulting in affecting speech intelligibility

Feeling Socially Isolated

Studies show that untreated hearing loss can negatively impact our relationships with family and friends and particularly with those closest to us, such as our romantic partners.

Cognition/Anxiety/Depression

People with hearing loss are more likely to experience mental health and emotional issues, due to the feeling of being disconnected from others.

Safety

When people can't hear certain sounds, their personal safety is at risk, increasing the chances of tripping, falling and other accidents.



How to protect you or your loved ones hearing:

1. Avoid Exposure to Loud Volumes
2. Put on Earplugs When Around Loud Noises.
3. Avoiding Prolonged Exposure to Noise (concerts, machinery).
4. Cotton Swabs Expose You to Ear Damage - don't use these
5. Affordable Noise Cancelling Headphones for children
6. Consider Regular checkups and ask about hearing screenings for your kids at school or their pediatrician

We recommend you treat a hearing loss early and don't wait for it to become a bigger issue